

**LEHTONEN GROUP**  
**“GOALIES”**

**Sunday**

Note: Goalies are skating with their respective age group

**Monday through Friday**

|            |                |            |                |
|------------|----------------|------------|----------------|
| 6:00 a.m.  | Rise and shine | 6:00 a.m.  | Rise and shine |
| 6:10 a.m.  | Bus            | 6:10 a.m.  | Bus            |
| <hr/>      |                |            |                |
| 6:30 a.m.  | Dressing Room  | 6:30 a.m.  | Dressing Room  |
| 7:00 a.m.  | On ice         | 7:00 a.m.  | On ice         |
| 8:00 a.m.  | Breakfast      | 8:00 a.m.  | Breakfast      |
| 8:40 a.m.  | Video session  | 8:40 a.m.  | Video session  |
| 9:30 a.m.  | Conditioning   | 9:30 a.m.  | Conditioning   |
| 10:30 a.m. | Lecture        | 10:30 a.m. | Lecture        |
| 11:10 a.m. | Dressing room  | 10:50 a.m. | Dressing room  |
| 11:40 a.m. | On ice         | 11:25 a.m. | On ice         |
| 12:40 p.m. | Lunch          | 12:30 p.m. | Lunch          |

**Note: Goalies will be assigned to a group for the afternoon sessions and games.**

\* Buses for resident students only :

Game 1 & 2 – 8:15 p.m. departure from rink

Game 3 – 8:40 p.m. departure from rink

Game 4 – 9:10 p.m. departure from rink

Game 5 – 9:50 p.m. departure from rink